

Prayer is a **dialogue** not a monologue.

- If you can follow Jesus without **prayer**, you're following the **wrong** Jesus.

They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer. Acts 2:42

- The life they were committed to live **required** the **prayer** they were committed to practice.

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. 1 Thessalonians 5:16–18

- The Lord's Prayer is not a script to **recite**, It's a **pattern** to follow.

9 Pray then like this: Our Father in heaven, Hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. Matthew 6:9–13.

"Our Father in heaven…" Matthew 6:9

Learning the pattern of prayer:

- Connect with God as your **loving father**.

You see, you have not received a spirit that returns you to slavery, so you have nothing to fear. The Spirit you have received adopts you and welcomes you into God's own family. That's why we call out to Him, 'Abba! Father!' Romans 8:15

So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most. Hebrews 4:16

Action step:

When you pray, be **yourself** and know God **loves you.**

"…Hallowed be Your name." Matthew 6:9

- **Revere** His name.

2 Above him were seraphim, each with six wings: With two wings they covered their faces, with two they covered their feet, and with two they were flying. 3 And they were calling to one another: "Holy, holy, holy is the Lord Almighty; the whole earth is full of his glory." Isaiah 6:2-3

The name of the LORD is a strong tower; the righteous run to it and are safe. Proverbs 18:10

Action step:

Before you pray, remind yourself of who you're **speaking with**.

"Your kingdom come. Your will be done on earth as it is in heaven." Matthew 6:10

- Put **His agenda** before your requests.

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. Matthew 6:33

Action step:

Take inventory of your life, identify one area that does not align with God's Kingdom or His will and **change it**.

VISION:

TO CREATIVELY LOVE AND LEAD PEOPLE IN A GROWING RELATIONSHIP WITH JESUS.

Questions that can be used in Connection Groups:

These questions also work well for personal time with God.

- What scripture and/or point spoke most to you from the Talk on Sunday? Explain.
- What's the difference between talking to God and actually developing a relationship with Him?
- Acts 2:42 says the early church devoted themselves to prayer. What competes with prayer for your attention and commitment?
- What would it look like to make prayer a natural part of your everyday life rather than something you do only when you need help?
- How can the Lord's Prayer shape the way you pray without becoming something you simply recite?
- How does seeing God as your loving Father change the way you approach Him? What makes that difficult sometimes?
- Hebrews 4:16 invites us to approach God with confidence. What keeps people from being honest with God about their struggles and failures?
- What does it mean to honor God's holiness while still approaching Him with the closeness of a child?
- How might remembering God's character before praying change the way you approach your problems?
- Why is it sometimes difficult to pray for God's will when it conflicts with what we want?
- What is the difference between asking God to bless your plans and surrendering your plans to Him?
- What is one area of your life that may not align with God's Kingdom or His will? What needs to change?
- What is one practical change you can make this week to deepen your prayer life and put God first?

For more Talks, visit us at:
fresnoquest.com

Opportunities to experience community:

THE Quest CHURCH EST. 2004

Doing life together

Today's Talk..



Learning to Pray - Pt. 1

fresnoquest.com

Scan this QR code to connect with us, discover your "Next Steps, give online and much more.

Sunday, October 25th, 2026