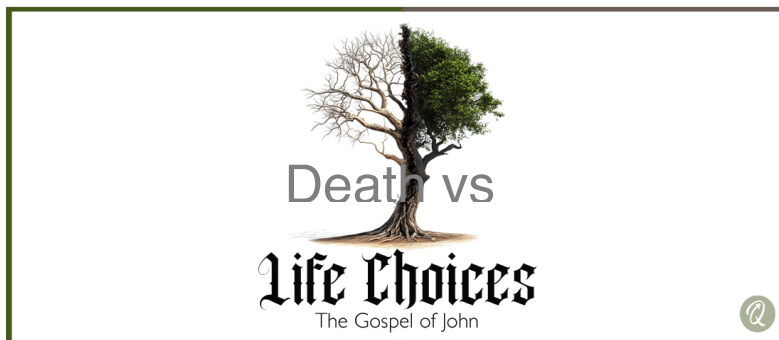




- Only when we focus on Jesus are we fully **satisfied** in Jesus.
- The longings in our lives expose the **needs** of our lives.

Spiritual needs are not satisfied by **physical** things.

- Only **God** can satisfy the needs of our life.
For God satisfies the longing soul, and the hungry soul he fills with good things. Psalm 107:9

- Our longings reveal an internal **void** in our lives.

“I am the Bread of Life. Whoever comes to Me will never hunger, and whoever believes in Me will never thirst.” John 6:35

“Let anyone who is thirsty come to Me and drink... and rivers of living water will flow from within them.” John 7:37–38

We experience satisfaction from Jesus when we:

- Look to Jesus and stop chasing **temporary bread**.
“You’re looking for Me not because you saw the signs, but because you ate your fill of the loaves.” John 6:26

Application Step:

Identify the “**breads**” you keep running after.

- When we **come to Jesus** with our real hunger.
“Whoever comes to Me... will never hunger.” John 6:35
As the deer desires rivers of water, so my soul desires You, O God. Psalm 42:1

Application Step:

In your daily time with Jesus, expose your **deeper issues**.

- When we **feed** on His **word**.
“The words I have spoken to you are spirit and life.” John 6:63

Application Step:

Set a daily “**soul meal**,” not a snack.

- When we trust **his work**, not our efforts.
“This is the work of God: to believe in the One He has sent.” John 6:29

Application Step:

Where am I striving spiritually instead of **believing** relationally?

Addition Notes:



**TO CREATIVELY LOVE AND LEAD PEOPLE
IN A GROWING RELATIONSHIP WITH JESUS.**

Questions that can be used in Connection Groups:

These questions also work well for personal time with God.

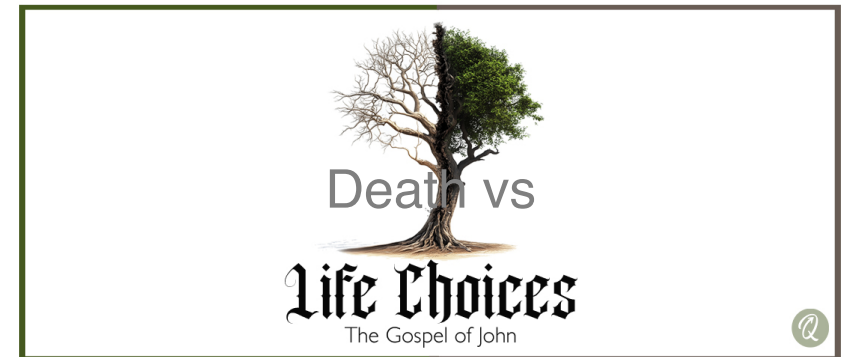
- What scripture and/or point spoke most to you from the Talk on Sunday? Explain.
- In your own words, what does it mean for Jesus to satisfy your soul?
- What are some ways we look to temporary things to satisfy our eternal needs?
- How do our longings reveal the internal void in our lives?
- What are some temporary things we look to thinking they will satisfy our lives? Why do they not work?
- Why is it so hard for us to be honest with Jesus about our real needs?
- How does God’s word satisfy our lives?
- What does it mean to trust the work of Christ rather than our own efforts? How do we do that?

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Today's Talk..



Jesus satisfies your soul

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Sunday, November 30th, 2025