



Guard your heart above all else, for it determines the course of your life. Proverbs 4:23 (NLT)

- If you want a changed life, allow God to change your **heart**.

Definition of Heart - refers to our **inner man**.

As a face is reflected in water, so the heart reflects the real person. Proverbs 27:19 (NLT)

- The Heart is the **source** of our choices and desires.
- A cluttered heart pursues **satisfaction** from too many things in life.

Vanity of vanities, '... all is vanity' (Ecclesiastes 1:1)

...it is better to be content with what little you have. Otherwise, you will always be struggling for more, and that is like chasing the wind. Ecclesiastes 4:5-6

I know how to live in poverty or prosperity. No matter what the situation, I've learned the secret of how to live when I'm full or when I'm hungry, when I have too much or when I have too little. Philippians 4:12 (GWT)

- You will always have **enough**.

He cares for them when times are hard; even in famine, they will have enough. Psalm 37:19 (TLB)

Enough means:

- Having enough is not about the amount of what we have but the **satisfaction** in what we have.
- Having enough acknowledges that God is the **provider** of my life.

...The Lord is the provider for my life. Psalm 54:4 (GWT)

For he satisfies the longing soul, and the hungry soul he fills with good things. Psalm 107:9 (ESV)

We'll never have satisfaction with life without **intimacy** with the one that has provided life.

- Having enough is not about having what we want but trusting that God knows what we **need**.

And don't be concerned about what to eat and what to drink. Don't worry about such things. These things dominate the thoughts of unbelievers all over the world, but your Father already knows your needs. Seek the Kingdom of God above all else, and he will give you everything you need. Luke 12:29-31 (NLT)

We'll never experience enough in life without a deep-seated **trust** in the God who knows the needs of our life.

- Having enough is not about what we are lacking, it's accepting that what God provides is **sufficient**.

God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others. 2 Corinthians 9:8 (NLT)

Essential questions:

- What is the **point** of my life?
- What **gives me life**?
- What **really matters** in life?
- What is **essential** in my life?

...“Of all the commandments, which is the most important?” Mark 12:28 (TLB)

...love the Lord your God with all your heart, all your soul, all your mind, and all your strength.’ The second is equally important: ‘Love your neighbor as yourself.’... Mark 12:30-31 (NLT)

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted by all the preparations that had to be made. Luke 10:38-40

“Master, don't you care that my sister has abandoned the kitchen to me? Tell her to lend me a hand.”The Master said, “Martha, dear Martha, you're fussing far too much and getting yourself worked up over nothing. One thing only is essential, and Mary has chosen it—it's the main course, and won't be taken from her.” Luke 10:40-42 (MSG)



**TO CREATIVELY LOVE AND LEAD PEOPLE
IN A GROWING RELATIONSHIP WITH JESUS.**

Questions that can be used in Connection Groups:

These questions also work well for personal time with God.

- What scripture and/or point spoke most to you from the Talk on Sunday? Explain why?
- As you look at the definition of “Heart,” what does it mean for God to change our heart? What does that look like?
- In your own words, how would you describe what it means to have a cluttered heart? Is this prominent in our culture? Why?
- Do you currently have satisfaction with your life? Do you tend to fill your life with “many things”?
- What are the problems that result from a cluttered heart?
- Go through the points under the sub-heading “Enough means”. Which of these stands out to you? Which of these do you wrestle with?
- Look through the points under “Essential Questions”; How do these questions keep us from having a cluttered heart? How did you answer these questions?
- We have many important things in our lives, why is establishing God first essential for a Christ follower?

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Today's Talk..



An Uncluttered Heart



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