

We need a <u>new heart</u> to experience a new life.

Guard your heart above all else, for it determines the course of your life. Proverbs 4:23 (NLT) Create in me a new, clean heart, O God, filled with clean thoughts and right desires. Psalm 51:10 (TLB)

Definition of Heart - refers to our inner man.

• The condition of our heart determines the <u>action</u> of our lives.

A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart. What you say flows from what is in your heart. Luke 6:45 (NLT)

• God is more concerned with your heart than your actions.

...from the heart come evil thoughts, murder, adultery, all sexual immorality, theft, lying, and slander. Matthew 15:19 (NLT)

The human heart is the most deceitful of all things, and desperately wicked. Who really knows how bad it is? Jeremiah 17:9 (NLT)

God makes our hearts pure through Jesus' death.

...Christ made us right with God; he made us pure and holy, and he freed us from sin. 1 Corinthians 1:30 (NLT)

Come close to God, and God will come close to you. Wash your hands, you sinners; <u>purify your hearts...</u> James 4:8 (NLT)

• We need to stop acting carelessly and start living **<u>exclusively</u>** for God.

To live exclusively for God means:

• We allow God to **<u>examine</u>** our heart.

Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139:23-24

• We live from a **<u>repentant</u>** heart.

<u>Prove by the way you live that you have repented</u> of your sins and turned to God. Matthew 3:8 (NLT) In their own eyes <u>they flatter themselves too much to detect</u> or <u>hate their sin</u>. Psalm 36:2

We want to come as <u>close</u> to God as we can.

...God has said, "Never will I leave you; never will I forsake you." Hebrews 13:5 (NIV)

But as for me, <u>how good it is to be near God</u>! I have made the Sovereign LORD my shelter, and I will tell everyone about the wonderful things you do. Psalm 73:28 (NLT)

Coming close to God means:

• Coming close to God means we're all in.

Come close to God, and God will come close to you. Wash your hands, you sinners; <u>purify your hearts, for your loyalty is divided between God and the world</u>. James 4:8 (NLT)

A couple of ways to come close to God:

- Prayer that connects us to God.
- <u>Fasting</u> that disconnects us from the <u>world</u>.

Actions Steps:

• Make God your priority.

Jesus replied, "The most important commandment is... love the LORD your God with all your heart, all your soul, all your mind, and all your strength.' Mark 12:29-30 (NLT)

- Have a **purpose** for your **fast**.
- Decide what **fast** you will do.
- Expect results.

....Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him. Hebrews 11:6 (NLT)

Let us come near to God with a sincere heart and a sure faith, because we have been made free from a guilty conscience, and our bodies have been washed with pure water. Hebrews 10:22 (NCV)



TO CREATIVELY LOVE AND LEAD PEOPLE In a growing relationship with Jesus.

Questions that can be used in Connection Groups: These questions also work well for personal time with God.

- What scripture and/or point spoke most to you from the Talk on Sunday? Explain why?
- Why does the condition of our heart determine the action of our lives?
- How does our heart cause us to act carelessly toward God?
- Talk about what it means to live exclusively for God?
- What does it mean to you to be "All In"?
- What is the goal of fasting and how does fasting help us in this objective?
- How does fasting disconnect us from the world? What does being disconnected from the world mean to you?
- How does fasting realign our desires? What does that mean to you?
- What type of fast have you decided to do? Are you in need of encouragement?
- Are you believing God for something specific?



Opportunities to experience community:



coats due January 14th



Doing life together

Today's Talk..



A Heart That Is Open To God

Sunday, January 7th, 2024

fresnoquest.com

