



I can do all things through Christ who strengthens me. Philippians 4:13

"O Lord God! You have made the heavens and earth by your great power; nothing is too hard for you! Jeremiah 32:17 (TLB)

- Hard things are **necessary** things in our life. Love...keeps no record of wrongs... 1 Corinthians 13:4-7 (NIV)

- Being hurt is an **event**, but how we respond to the hurt is a **choice**. Choosing to **forgive** has nothing to do with how you **feel**.

Choosing to forgive is a spiritual **discipline**.
25 ... when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive your sins, too. Mark 11:25 (NLT)

We have to take our **emotions** out of it, if we're going to get **past** it.
31 Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior.
32 Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you. Ephesians 4:31-32 (NLT)

7 For God did not give us a Spirit of fear but of power and love and self-control. 2 Timothy 1:7 (NET)

Forgiveness is not:

- Forgiveness is not **forgetting** what's been done.
- Forgiveness is not **Natural**.

¹⁰ He [God] does not treat us as our sins deserve or repay us according to our iniquities. ¹¹ For as high as the heavens are above the earth, so great is his love for those who fear him; ¹² as far as the east is from the west, so far has he removed our transgressions from us. Ps 103:10-12

Forgiving simply means:

- Refusing to seek **revenge**.
- Refusing to be consumed by the **event**.
- Giving others what **God has given me**.

Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Colossians 3:13 (NLT)

- **Healing** is available for the **hurting**.
3 He (God) heals the brokenhearted and bandages their wounds. Psalms 147:3 (NLT)

- When we choose to hold onto the **hurt**, it prevents us from **healing**.
- Our objective is to **let go** of the offense and **hold on** to God.

¹ "Things that cause people to stumble are bound to come..." ³ So watch yourselves. "If your brother or sister sins against you, rebuke them; and if they repent, forgive them." ⁴ Even if they sin against you seven times in a day and

seven times come back to you saying 'I repent,' you must forgive them." ⁵ The apostles said to the Lord, "Increase our faith!" Luke 17:1, 3-5 (NIV)

As Christians:

- We are to **forgive** as we have been **forgiven**.

¹³ Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Colossians 3:13 (NLT)

- We can't live **in** God's forgiveness if we don't live with **extended** forgiveness to others. ...and forgive us our sins, as we have forgiven those who sin against us.... ¹⁴ For if you forgive other people when they sin against you, your heavenly Father will also forgive you. ¹⁵ But if you do not forgive others their sins, your Father will not forgive your sins. Matthew 6:12,14-15 (NIV)

- The heart of the Gospel, and the lives it touches, is **forgiveness**.

Faith to forgive means:

- Faith enables me to choose **healing** when my flesh wants to choose retaliation!

- I Believe God has a **plan** for the **pain**.

You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives. Genesis 50:20

How to forgive:

- Recognize that everyone's **imperfect**.

"There is not a single person in all the earth who is always good and never sins." Ecclesiastes 7:20 (NLT)

- Relinquish your right to **revenge**.

...never avenge yourselves. Leave that to God, for he has said that he will repay those who deserve it." Romans 12:19 (TLB)

- Respond to hurt with **blessing**.

...Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you." Luke 6:27-28 (NIV)

When the **worst** is done to you, allow it to bring out **God** in you.



TO CREATIVELY LOVE AND LEAD PEOPLE IN A GROWING RELATIONSHIP WITH JESUS.

Questions that can be used in Connection Groups:

These questions also work well for personal time with God.

- What scripture and/or point spoke most to you from the Talk on Sunday? Why?
- Do you find forgiveness to be a "Hard Thing" for you to do?
- Why is forgiveness a necessary thing for us to do?
- Why is the healing of hurts done to us an essential part of living in forgiveness?
- How do we let go of the hurt done to us and hold on to God?
- What does it mean to you that we are to forgive others as we have been forgiven?
- How is the heart of the gospel forgiveness?
- How do we believe that God has a plan for the pain we encounter from others? How do we protect ourselves from resentment?
- Why is it important to remember that people are imperfect?
- Give an example of how we can respond to hurt with blessing?

For more Talks, visit us at:
fresnoquest.com

Coming Up:



Today's Talk..



Living in Forgiveness

Sunday, November 27th, 2022

fresnoquest.com




Scan this QR code to
connect with us, discover
your "Next Steps," give
online and much more.