



I can do all things through Christ who strengthens me. Philippians 4:13

"O Lord God! You have made the heavens and earth by your great power; nothing is too hard for you! Jeremiah 32:17 (TLB)

- When we live from God's strength nothing is **too hard for us.**

Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus. 1 Thessalonians 5:18 (NLT)

And give thanks for everything to God the Father in the name of our Lord Jesus Christ. Ephesians 5:20 (NLT)

- Being grateful is a **choice.**
- Don't miss the **opportunities** you've been given to be grateful.

Gratitude is not about getting all we **want** but recognizing all we **have.**

Definition of gratitude:

- The **action** of appreciation for something received.
- Gratitude is a **response** to the kindness of another.
- Gratitude is never **silent.**

How to nurture gratitude:

- We recognize **God** in all of life.

Every good and perfect gift is from above... James 1:17

I cannot count the times when you have faithfully rescued me from danger. I will tell everyone how good you are, and of your constant, daily care. I walk in the strength of the Lord God. I tell everyone that you alone are just and good. Psalm 71:15-16 (TLB)

- The absence of **praise** from us turns into **pride** within us.

1 Give thanks to the LORD, for he is good! His faithful love endures forever. Psalm 106:1 (NLT)

Let all that I am praise the LORD; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases. He redeems me from death and crowns me with love and tender mercies. He fills my life with good things. Psalm 103:2-5

Action Steps:

- Take an inventory of God's **goodness** in your life.

He (God) fills my life with good things. Psalm 103:5

Gratitude turns what **we have into enough.**

- Spend time **thanking** God for His goodness.

"Give thanks to the Lord and pray to him." Psalm 105:1a (NCV)

- **Give** to God from a grateful heart.

"Give an offering to show your thanks to God. Give him what you promised." Psalm 50:14(NCV)

- Make every day a **Thanksgiving** day.

"Let your lives overflow with thanksgiving for all he has done." Colossians 2:7(TLB)



**TO CREATIVELY LOVE AND LEAD PEOPLE
IN A GROWING RELATIONSHIP WITH JESUS.**

Questions that can be used in Connection Groups:

These questions also work well for personal time with God.

- What scripture and/or point spoke most to you from the Talk on Sunday? Why?
- Read 1 Thessalonians 5:18 and Ephesians 5:20; Why is it important that we are Thankful in all circumstances?
- Do you find it hard to be thankful in all circumstances?
- Why is gratitude so important in our lives? How do we develop a thankful heart for every day rather than one day a year?
- What are some ways to recognize the goodness in life as a gift from God?
- Why does the absence of praise from us turn into pride within us?
- How does responding from our heart develop a grateful life?
- How does an inventory of God's goodness develop gratitude? Have you ever made a list?
- How does giving to God develop gratitude?
- What is one way you can make every day a Thanksgiving Day?

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Coming Up:

Turn in dinner items today at the Great ROOM.



Thanksgiving Boxes

It's that time of the year again!
We will be collecting Turkeys
and dinner items to help families
around our city!

Pick up an item list today!
The list is also available at
Fresnoquest.com/resource page.
Collections run from 10/30 thru
11/20



Today's Talk..



Being Grateful in the Grind

Sunday, November 20th, 2022

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your "Next Steps," give
online and much more.