



Promise: an offer with a **guaranteed** result.

A promise is the assurance that God gives to His people so we can walk by **faith** while we wait for Him to work.

...he (God) has given us great and precious promises. These are the promises that enable you to share his divine nature and escape the world's corruption caused by human desires. 2 Peter 1:4 (NLT)

- God's promises to us communicate His desire to **help** us.

Fear not, for I am with you; be not dismayed (worried), for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand. Isaiah 41:10

- God promises strength for our lives because He knows **we need strength** in our lives.

Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand. Isaiah 41:10

Don't panic. I'm with you. There's no need to fear for I'm your God. I'll give you strength. I'll help you. I'll hold you steady, keep a firm grip on you. Isaiah 41:10 (MSG)

- God doesn't give us strength just to make us **feel good**, his strength enables us to **do good**.

- The Bible is full of **average** people relying on God's strength.

Each time he said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me. 2 Corinthians 12:9 (NLT)

...he told me, My grace is enough; it's all you need. My strength comes into its own in your weakness. Once I heard that, I was glad to let it happen. I quit focusing on the handicap and began appreciating the gift. It was a case of Christ's strength moving in on my weakness. Now I take limitations in stride, and with good cheer, these limitations that cut me down to size—abuse, accidents, opposition, bad breaks. I just let Christ take over! And so the weaker I get, the stronger I become. 2 Corinthians 12:9 (MSG)

I can do all things through Christ, because he gives me strength. Philippians 4:13 (NCV)

A perspective that needs to change in us.:

- I no longer look to **feelings** for motivation in life, I look to Jesus for **strength** in life.

- When Jesus is your source of life he changes the **purpose** of your life.

I love you, LORD; you are my strength. Psalm 18:1 (NLT)

God's strength comes as:

- The ability to do something **unthinkable**.

As Samson and his parents were going down to Timnah, a young lion suddenly attacked Samson near the vineyards of Timnah. At that moment the Spirit of the LORD came powerfully upon him, and he ripped the lion's jaws apart with his bare hands. He did it as easily as if it were a young goat. But he didn't tell his father or mother about it. Judges 14:5-6 (NLT)

- The unthinkable is only attainable when we **face it with God**.

I can do all things through Christ, because he gives me strength. Philippians 4:13 (NCV)

- Courage to face **difficulties** in life.

Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you. Deuteronomy 31:6

- We face difficulties, not through our strength but the strength of God from the **presence of God**.
....for the LORD your God goes with you; he will never leave you nor forsake you. Deuteronomy 31:6

- Encouragement we need for **discouraging** times.

Elijah sat down under a broom tree and prayed that he might die. "I have had enough, LORD," he said. 1 Kings 19:4

And the Scriptures were written to teach and encourage us by giving us hope. Romans 15:4

- The strength we need in discouraging times comes the **we allow God to speak** to us.

- An **attitude** that carries us in life.

Don't be dejected and sad, for the joy of the LORD is your strength!" Nehemiah 8:10 (NLT)

He is my strength, my shield from every danger. I trusted in him, and he helped me. Joy rises in my heart until I burst out in songs of praise to him. Psalm 28:7 (TLB)

- If you want joy in life that provides strength for life, **trust God with your life**.

"He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint" Isaiah 40:29-31



TO CREATIVELY LOVE AND LEAD PEOPLE IN A GROWING RELATIONSHIP WITH JESUS.

Questions that can be used in Connection Groups:

These questions also work well for personal time with God.

- What scripture and/or point spoke most to you from the Talk on Sunday? Explain why?
- It's one thing to say we believe in God's promises for us, do you depend on God's promises for you? Explain how?
- How do God's promises to us communicate His desire to help us?
- Do you need strength in life? Is this something you look to God for? How do you do that?
- What is the danger of looking to God's strength just to feel good? Why is it important that God's strength enables us to do good?
- What is one of your favorite people in the Bible that relied on God's strength?
- How does having a new purpose in life give us strength?
- When you think of experiencing God's strength, what form of His strength do you tend to think of?
- Do you believe that God wants to give you the strength to do the unthinkable through Him? Explain what that means to you?
- What are some difficulties that God is giving you the courage to face?
- Why is the strength of encouragement so important for us?
- How does God's strength give us a better attitude for life? How does God's joy give us strength?
- Read Isaiah 40:29-31; what does this scripture mean to you?

For more Talks, visit us at:
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Get connected! Try out a Connection Group.



Information available in the courtyard.

ADDITION SCRIPTURES:

Finally, be strong in the Lord and in his mighty power. Ephesians 6:10
You, God, are awesome in your sanctuary; the God of Israel gives power and strength to his people. Praise be to God! Psalm 68:35

This is my comfort in my affliction, that your promise gives me life. Psalms 119:50 (ESV)

LORD, sustain me as you promised, that I may live! Do not let my hope be crushed. Psalms 119:116 (NLT)

I am severely afflicted, O LORD; revive me through Your word. Psalm 119:107

The LORD is my strength and my shield; my heart trusted in him, and I am helped; therefore my heart greatly rejoices; and with my song will I praise him. Psalm 28:7

He renews my strength. He guides me along right paths, bringing honor to his name. He restores my soul... Psalms 23:3 (NLT)

The Lord gives strength to his people; the Lord blesses his people with peace. Psalms 29:11 (NIV)

God said this once and for all; how many times Have I heard it repeated? "Strength comes Straight from God." Psalms 62:11(MSG)

He is my strength, and He is the reason I sing; He has been there to save me in every situation. Psalms 118:14 (Voice)

But my people—oh, I'll make them strong, God-strong! and they'll live my way." Zachariah 10:12 (MSG)

I can do all things through Christ, because he gives me strength. Philippians 4:13 (NCV)



Today's Talk..



Today's promise:

**G O D G I V E S
S T R E N G T H**