



- Wonder allows you to live in the **moment**, not the **past**.

- Where there is no wonder there is no **gratitude**.

Let all that I am praise the LORD; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases. He redeems me from death and crowns me with love and tender mercies. He fills my life with good things... Psalm 103:2-5 NLT

- Don't miss the **opportunities** you've been given to be grateful.

Give thanks in all circumstances; for this is the will of God in Christ Jesus for you. 1 Thessalonians 5:18

Gratitude is not about getting all we **want** but recognizing all we **have**.

Those who suffer from leprosy must tear their clothing and leave their hair uncombed. They must cover their mouth and call out, 'Unclean! Unclean!' As long as the serious disease lasts, they will be ceremonially unclean. They must live in isolation in their place outside the camp. Leviticus 13:45-46 (NLT)

While Jesus was on his way to Jerusalem, he was going through the area between Samaria and Galilee. As he came into a small town, ten men who were lepers met him there. They did not come close to Jesus but called to him, "Jesus! Master! Have mercy on us!" When Jesus saw the men, he said, "Go and show yourselves to the priests." As the ten men were going, they were healed. Luke 17:11-14 (NCV)

Important points in this story is:

- They all displayed faith in Jesus with their **obedience** to Jesus.

...Jesus told them. "I tell you the truth, if you had faith even as small as a mustard seed, ...Nothing would be impossible. Matthew 17:20 (NLT)

- Every miracle of Jesus was a byproduct of someone's **faith** in Jesus.

When one of them saw that he was healed, he went back to Jesus, praising God in a loud voice. Then he bowed down at Jesus' feet and thanked him. (And this man was a Samaritan.) Jesus said, "Weren't ten men healed? Where are the other nine? Is this Samaritan the only one who came back to thank God?" Then he said to him, "Rise and go; your faith has made you well." Luke 17:15-19 (NCV)

Gratitude is:

- The **action** of appreciation for something received.
- Gratitude is a **response** to the kindness of another.
- Gratitude is never **silent**.

How to nurture gratitude:

- We recognize the **goodness** in life as a gift from God.

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Every good and perfect gift is from above... James 1:17

I cannot count the times when you have faithfully rescued me from danger. I will tell everyone how good you are, and of your constant, daily care. I walk in the strength of the Lord God. I tell everyone that you alone are just and good. Psalm 71:15-16 (TLB)

- The absence of **praise** from us turns into **pride** within us.

- We follow our **heart** not the **crowd**.

Jesus said, "Weren't ten men healed? Where are the other nine? Luke 17:17(NCV)

"I will be the one that connects the **goodness** in my life to the **God** of my life."

Give thanks to the LORD, for he is good! His faithful love endures forever. Psalm 106:1 (NLT)
Let all that I am praise the LORD; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases. He redeems me from death and crowns me with love and tender mercies. He fills my life with good things. Psalm 103:2-5

Action Steps:

- Take an inventory of God's **goodness** in your life.

He (God) fills my life with good things. Psalm 103:5

Gratitude is your response to **God** in our life.

- Spend time **thanking** God for His goodness.

"Give thanks to the Lord and pray to him." Psalm 105:1a (NCV)

- **Give** to God from a thankful heart.

"Give an offering to show your thanks to God. Give him what you promised." Psalm 50:14 (NCV)

- Make everyday a **Thanksgiving Day**.

"Let your lives overflow with thanksgiving for all he has done." Colossians 2:7(LB)



TO CREATIVELY LOVE AND LEAD PEOPLE IN A GROWING RELATIONSHIP WITH JESUS.

Questions that can be used in Connection Groups:

These questions also work well for personal time with God.

- What scripture and/or point spoke most to you from the Talk on Sunday? Explain why?
- Why is gratitude so important in our lives? How do we develop a thankful heart for everyday rather than one day a year?
- What are some ways to recognize the goodness in life as a gift from God?
- Why does the absence of praise from us turn into pride within us?
- How does responding from our heart develop a grateful life?
- If you were one of the lepers cleansed, would you have come back to thank Jesus? Or would you have gone straight to your family? (No lying!)
- How does an inventory of God's goodness develop gratitude? Have you ever made a list?
- How does giving to God develop gratitude?
- What is one way you can make everyday a Thanksgiving Day?

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OTHER NOTES:



Today's Talk..



Gratitude