



Acts 2:42-47 (NLT)

If we don't accept God's definition of Spiritual community we will define it with our preferences.

46 The believers had a single purpose and went to the temple every day. They were joyful and humble as they ate at each other's homes and shared their food. Acts 2:46-47 (GWT)

This Weeks movie is: **"Christopher Robin"**

We're looking at **"Getting joy back into life"**

- Many people don't enjoy life; they just endure it.

24 This is the day which the Lord has made; we will be full of joy and delight in it. Psalm 118:24 (BBE)

- Life is something we endure when we're out of balance.

25 My days are swifter then a runner; they fly away without a glimpse of joy. Job 9:25 (NIV)

**Joyless is no way to live:**

- Without joy, it's hard to see the life around us.

- Without joy, It's easy to lose our way.

10 Lust for money brings trouble and nothing but trouble. Going down that path, some lose their footing in the faith completely and live to regret it bitterly ever after. 1 Timothy 6:10 (MSG)

- Without joy we lose perspective.

3 The LORD has done great things for us, and we are filled with joy. Psalm 126:3 (NIV)

**How to Get our joy back:**

- Recognize what steals our joy.

**Joy killers:**

- Our Worries.

Then Jesus said to his disciples: "Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear. Life is more than food, and the body more than clothes. Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds! Who of you by worrying can add a single hour to his life? Luke 12:22-25 (NIV)

- Our "Why's".

8 "My thoughts are nothing like your thoughts," says the LORD. "And my ways are far beyond anything you could imagine.

9 For just as the heavens are higher than the earth, so my ways are higher than your ways and my thoughts higher than your thoughts. Isaiah 55:8-9 (NLT)

- Chose what's important over what's urgent.

- Have courage to face the Woozles.

6 Don't worry about anything... Philippians 4:6 (NLT)

**We won't worry about anything when:**

- We pray about everything that concerns us.

6 Don't worry about anything; instead, pray about everything. Tell God what you need... Philippians 4:6a (NLT)

- We thank Him for everything He's already done.

6...Tell God what you need, and thank him for all he has done. Philippians 4:6b (NLT)

**We don't have to worry:**

- We know God's with us.

11 You will show me the way of life, granting me the joy of your presence and the pleasures of living with you forever. Psalm 16:11 (NLT)

- We know who really satisfies.

11 ....I have learned how to be content with whatever I have. 12 I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. 13 For I can do everything through Christ, who gives me strength. Philippians 4:10-13 (NLT)

10 ...the joy of the LORD is your strength. Nehemiah 8:10 (NIV)



**TO CREATIVELY LOVE AND LEAD PEOPLE  
IN A GROWING RELATIONSHIP WITH JESUS.**

**Questions for Connection Groups:**

*These questions also work well for personal time with God.*

- What scripture and/or point spoke most to you from the Talk on Sunday? Why?
- Have you seen the movie "Christopher Robin"? What do you think of the movie?
- On a realistic scale, from 1- 10 (10 being the most positive), do you feel you enjoy life? explain. What does it mean to you for a life to be out of balance? Is your life balanced?
- How was Christopher Robin missing the life around him? Do you see that in today's world? Why does this happen?
- How do our priorities and perspective change with an unbalanced life? How does that affect our joy?
- Dave gave a couple of "Joy killers" to stay away from. What are some other "Joy killers" we need to watch out for (like greed.....but now you can't use that one. lol)
- From the movie, what does it mean to face the Woozles in your life?
- Why do you think Paul says to pray instead of worry? How does prayer deal with our worries and give us joy?
- In the business of life, do you know that God is with you? How does that give you joy for everyday life?
- When we know that God satisfies our lives, how does that give us joy?

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OTHER NOTES:

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# WELCOME

Our Series:



Today's Talk..  
"Getting joy back into life."

Get connected! Try out a Connection Group.



Information available in the courtyard.



**The Quest Church**  
Doing life together