



7 For God has not given us a spirit of fear, but of power and of love and of a sound mind. 2 Timothy 1:7 (NKJV)

- We may not be able to be fearless, but we can fear less.

In times of uncertainty:

- What we believe about ourselves gets reinforced.
- Uncertainties can redefine your confidence or reinforce our fears.

Inadequacy says:

- You don't have what it takes.
- You're not good enough.

Why we feel inadequate:

- Unfair criticism.
- Unrealistic compliments.
- Unwise comparisons.

4 Make a careful exploration of who you are and the work you have been given, and then sink yourself into that. Don't be impressed with yourself. Don't compare yourself with others. Galatians 6:4 (MSG)

- Unconfessed sin.

9 ...if we confess our sins to him, he can be depended on to forgive us and to cleanse us from every wrong. 1 John 1:9 (TLB)

16 Confess your sins to each other and pray for each other so that you may be healed... James 5:16 (NLT)

We confess our sins to God for forgiveness; and we confess our sins to others for healing.

If someone confesses their sin to us, we don't remove sin, we get to remove shame.

One day Moses was tending the flock of his father-in-law... the angel of the LORD appeared to him in a blazing fire from the middle of a bush. Moses stared in amazement. Though the bush was engulfed in flames, it didn't burn up. Exodus 3:1-2 (NLT)

What you need to know about you:

- God's plan for you is greater than you think.

10 It's time for you to go back: I'm sending you to Pharaoh to bring my people, the People of Israel, out of Egypt." Exodus 3:10 (MSG)

- It's less about you than you think.

7 GOD said, "I've taken a good, long look at the affliction of my people in Egypt. I've heard their cries for deliverance from their slave masters; I know all about their pain.

8 And now I have come down to help them...Exodus 3:7-8 (MSG)

- God has given you more than you think.

10 ... Lord, I'm not very good with words. I never have been, I get tongue-tied, and my words get tangled." Exodus 4:10 (NLT)

22 Moses was taught all the wisdom of the Egyptians, and he was powerful in both speech and action. Acts 7:22 (NLT)

- God's view of you is different than you think.

10 ... I'm sending you to Pharaoh to bring my people, the People of Israel, out of Egypt." Exodus 3:10 (MSG)

13 I can do everything God asks me to with the help of Christ who gives me the strength and power. Philippians 4:13 (TLB)

- God hears our cries for help.

8 You keep track of all my sorrows. You have collected all my tears in your bottle. You have recorded each one in your book. Psalm 56:8 (NLT)

17 Is anyone crying for help? GOD is listening, ready to rescue you. Psalm 34:17 (MSG)



TO CREATIVELY LOVE AND LEAD PEOPLE IN A GROWING RELATIONSHIP WITH JESUS.

Have Questions? Text them to: (559)-464-5754

Questions that can be used in Connection Groups:

These questions also work well for personal time with God.

- What scripture and/or point spoke most to you from the Talk on Sunday? Why?
- Do you personally deal with the fear of being inadequate? In what area of your life (if you're willing to share)?
- What are some reasons you think people feel inadequate in their spiritual lives?
- Why is it important to confess our sins to others for healing? How does that address our feelings of inadequacy?
- Has anyone ever confessed their sins to you? What are we suppose to do when someone confesses their sin? Have you ever considered the fact that when someone confesses their sin to you, you play a part in removing their shame?
- Did any part of the story of Moses stand out to you?
- Is it difficult for you to accept that God's plan for you is greater than you think? Explain.
- Are you aware that God has given you more than you think, to accomplish the plans that He has for you?
- What is the difference between the way God looks at you, and the way you look at yourself?
- What can we do to address our fears of inadequacy?

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