



7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.
2 Timothy 1:7 (NKJV)

- We can't actually be **fearless**, but we can **fear less**.
- Courage and faith are not responses in the **absence** of **fear**, but how we respond **in fear**.

In the Bible:

"Do not be afraid" is mentioned: 120 times!

"Do not fear" is mentioned: 131 times!

- Fear can **limit** or **leverage** you.

Fear can be a great benchmark:

- Fear reveals what we **value most**.
- Fear reveals where we **trust God least**.

Lessons from David with fear:

- Facing your fears **with God** increases your confidence **in God**.
1 The LORD is my light and my salvation— so why should I be afraid? The LORD is my fortress, protecting me from danger, so why should I tremble? Psalm 27:1 (NLT)
4 I prayed to the LORD, and he answered me. He freed me from all my fears. Psalm 34:4 (NLT)
- David didn't believe that the **strongest man** would win the fight; He believed **God** would **win** the fight.

37 The LORD who rescued me from the claws of the lion and the bear will rescue me from this Philistine!... 1 Samuel 17:37 (NLT)

- David didn't see **himself** as the **answer** to the challenge.
- We face our fears through the lens of what we **stand to lose**, rather than what God **stands to gain**.

46 Today the LORD will conquer you, and I will kill you and cut off your head. And then I will give the dead bodies of your men to the birds and wild animals, and the whole world will know that there is a God in Israel! 47 And everyone assembled here will know that the LORD rescues his people... 1 Samuel 17:46-47 (NLT)

How we build confidence in God:

- We **believe** that God **rescues** His people.

...and the whole world will know that there is a God in Israel! 47 And everyone assembled here will know that the LORD rescues his people... 1 Samuel 17:46-47 (NLT)

- We **belong** to His **family**.

47 And everyone assembled here will know that the LORD rescues his people... 1 Samuel 17:46-47 (NLT)

1 Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. 2 This I declare about the LORD: He alone is my refuge, my place of safety; he is my God, and I trust him. Psalm 91:1-2 (NLT)

- We're convinced that God is **present**.

10 Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand. Isaiah 41:10 (NLT)

5 ...Since God assured us, "I'll never let you down, never walk off and leave you," 6 we can boldly quote, God is there, ready to help; I'm fearless no matter what. Who or what can get to me? Hebrews 13:5-6 (MSG)

We become convinced that God is present when we **focus** on Him rather than our **fears**.

3 You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you! Isaiah 26:3 (NLT)

17 How precious are your thoughts about me, O God. They cannot be numbered!

18 I can't even count them; they outnumber the grains of sand! And when I wake up, you are still with me! Psalm 139:17-18 (NLT)

- We have **experience** with God's **abilities**.

37 The LORD who rescued me from the claws of the lion and the bear will rescue me from this Philistine!... 1 Samuel 17:37 (NLT)

9 If you make the LORD your refuge, if you make the Most High your shelter, 10 no evil will conquer you; no plague will come near your home. 11 For he will order his angels to protect you wherever you go. Psalm 91:9-11 (NLT)



**TO CREATIVELY LOVE AND LEAD PEOPLE
IN A GROWING RELATIONSHIP WITH JESUS.**

Have Questions? Text them to: (559)-464-5754

Questions that can be used in Connection Groups:

These questions also work well for personal time with God.

- What scripture and/or point spoke most to you from the Talk on Sunday?
- Do you think it's possible to be fearless? Explain why.
- Do you think fear is a big issue we face in our spiritual lives? Why?
- What is one area of your life that fear creeps in to? Do you think fear limits you? Explain why.
- If fear can be a benchmark, what area of your life do you value most and trust God least in?
- How does facing our fears with God increase our confidence in God?
- Do you think David was self confident or God Confident? Why do you feel that way?
- Do you think that we generally face our fears through the lens of what we stand to lose?
- Do you really believe that God rescues His people? Does that belief cause you to live differently?
- How does belonging to God's family bring confidence in God and subdue our fears?
- Are your fears reduced when you're convinced that God is with you?
- How can we be more in touch with all that God has done in our lives?

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