

TRAIL GUIDE



- The Holy Spirit is a not a **presence** to be feared; He is a **person** to be known.

1 The LORD is my shepherd, I shall not want. 2 He makes me lie down in green pastures; He leads me beside quiet waters. 3 He restores my soul; He guides me in the paths of righteousness For His name's sake. Psalm 23:1-3 (NASB)

- It is essential for every Christ follower to **know** the Spirit's voice, and to **follow** His lead.
- The key to the Spirit to be your **source** of life, is **dying** to yourself every day.

18 Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit... Ephesians 5:18 (NLT)

Being filled with the Spirit is:

- To be Under the Spirit's **control** and **influence**.
- The Spirit filled life is a **daily event**.
And the disciples were continually filled with joy and with the Holy Spirit. Acts 13:52 (NASB)
- Allows us to process **life** through the lens of **faith**.

The Spirit filled life empowers us:

- To experience **Spiritual life**.
John 3:5-6
- To help you **grow** as a Christian.
John 14:26; John 16:13
- Help you **share** your **faith**.
Acts 1:8 ; Acts 4:31
- To help you **live** for Christ.
Galatians 5:16-17
- To give you **strength** when we are **weak**.
Romans 8:26
- To give you **hope** in a **hopeless** world.
Romans 15:13

Barriers to a Spirit-filled life:

- When **feelings** run our lives.

- The **Cares** and **distractions** of this world.
Give all your worries and cares to God, for he cares about you. 1 Peter 5:7 (NLT)

- The fear of not having **control**.

To experience a Spirit-filled life:

- We must continually **die** to ourselves.

24 Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. 25 Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives. Galatians 5:24-25 (NLT)

20 I have been crucified with Christ: and I myself no longer live, but Christ lives in me. And the real life I now have within this body is a result of my trusting in the Son of God, who loved me and gave himself for me. Galatians 2:20 (TLB)

Galatians 5:19-25 (NLT)

Application:

- It's a nasty list of what seeks to **control** us.
- God's kingdom requires God's **Control**.
- Look for the **fruit** of a Spirit controlled life.
- Dying to myself is a **daily activity**.
20 I have been crucified with Christ: and I myself no longer live, but Christ lives in me.... Galatians 2:20 (TLB)

Have Questions? Text them to: (559)-464-5754

Questions that can be used in Connection Groups:

These questions also work well for personal time with God.

- What scripture and/or point spoke most to you from the Talk on Sunday?
- Do feel that you know the Holy Spirit? How would you describe Him if you were talking to someone that did not know Him?
- Dave mentioned in the Talk that when he was younger he lacked spiritual strength, and felt like his spiritual life was inconsistent, a series of highs and lows. Have you ever experienced this?
- Can we experience new life if we don't die to ourselves? Why?
- Dave said: "Being filled with the Spirit is to be under the Spirit's influence and control" What does that mean? (or, how do we allow the Spirit to influence and control us?)
- Do you find that a Spirit filled life is a daily event? Explain.
- Talk through the points under the sub-heading "The Spirit filled life empowers us:". How do you find these to be true in your life?
- Dave mentioned a few barriers to experiencing a Spirit filled life. What are some other barriers that prevent people from a Spirit filled life?
- Look up and read Galatians 5:19-25...then talk through the application points.
- What does Galatians 2:20 mean to you?

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