



11 It's not what goes into your mouth that defiles you; you are defiled by the words that come out of your mouth." Matthew 15:11 (NLT)

17 "Anything you eat passes through the stomach and then goes into the sewer.

18 But the words you speak come from the heart—that's what defiles you.

19 For from the heart come evil thoughts, murder, adultery, all sexual immorality, theft, lying, and slander.

20 These are what defile you. Eating with unwashed hands will never defile you." Matthew 15:17-20 (NLT)

Lying becomes a part of our lives because:

- It works.
- It gives us a sense of control.
- It gives us a sense of protection.
- It provides a desired self image.

22 The Lord detests lying lips, but he delights in those who tell the truth. Proverbs 12:22 (NLT)

21 Since you have heard about Jesus and have learned the truth that comes from him, 22 throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. 23 Instead, let the Spirit renew your thoughts and attitudes. 24 Put on your new nature, created to be like God—truly righteous and holy. 25 So stop telling lies. Let us tell our neighbors the truth, for we are all parts of the same body. Ephesians 4:21-25 (NLT)

Some truths pertaining to the truth:

■ You Can't Separate God from Truth.

Numbers 23:19; Titus 1:2

6 "I am the way, the truth, and the life. No one can come to the Father except through me. John 14:6 (NLT)

■ You Can't Separate Satan from Falsehood.

44 ...He [the devil] was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies. John 8:44 (NIV)

The Devil's Plan:

- Get you to lie.

- Get you to lie to yourself.

- Get you to live a lie.

4 If someone claims, "I know him well!" but doesn't keep his commandments, he's obviously a liar. His life doesn't match his words. 1 John 2:4 (MSG)

20 If someone says, "I love God," but hates a Christian brother or sister, that person is a liar; for if we don't love people we can see, how can we love God, whom we cannot see? 21 And he has given us this command: Those who love God must also love their Christian brothers and sisters. 1 John 4:20-21 (NLT)

Why we lie....

- The root reason most of us lie is because we don't completely trust God.

We lie when we think honesty won't work.

God's Plan:

- Protect your heart.

23 Guard your heart above all else, for it determines the course of your life. Proverbs 4:23 (NLT)

- Stop lying.

9 Don't lie to each other, for you have stripped off your old sinful nature and all its wicked deeds. Colossians 3:9 (NLT)

- Confess to God for forgiveness and to people for healing.

9 But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. 10 If we claim we have not sinned, we are calling God a liar and showing that his word has no place in our hearts. 1 John 1:9-10 (NLT)

16 Confess your sins to each other and pray for each other so that you may be healed... James 5:16 (NLT)

Have Questions? Text them to: (559)-464-5754

Here are some questions that can be used in Connection Groups:

These questions also work well for your personal time with God.

- What spoke most to you from Sundays Talk? Explain.
- When is the last time you lied? (Be Honest!..No lying about lying)
- Do you believe that "white lies" are ok (what scripture states that)?
- Read Matthew 15:11; 15:17-20. What does defile mean? What is that scripture saying about our words?
- In your own words, why is lying so detrimental to our lives (both in relationships and spiritually)?
- What does it mean: "You can't separate God from truth"? And "You can't separate Satan from Falsehood"?
- Why does Satan want you to live a lie; to live in bondage and destruction?
- How can we protect our hearts so they are reservoirs of truth?
- What are some practical ways to stop lying?
- We don't confess our sins to everyone, but we can to people who love us and are mature in their faith. Have you found healing in confession to others? Explain.

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