



12 If you think you are strong, you should be careful not to fall.
 13 The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.
 1 Corinthians 10:12-13 (NLT)

From a Biblical standpoint:

- Temptation is anything that promises satisfaction at the cost of obedience to God.

(Matt. 4:1-11)

1 Then Jesus was led by the Spirit into the wilderness to be tempted there by the devil. Matthew 4:1 (NLT)

A couple of things about temptation:

- It's not a sin to be tempted.

15 This High Priest of ours [*Jesus*] understands our weaknesses since he had the same temptations we do, though he never once gave way to them and sinned.
 Hebrews 4:15 (TLB)

- ☐ The sin of temptation is acting on it.

- We're never above temptation.

12 If you think you are strong, you should be careful not to fall.
 1 Corinthians 10:12 (NLT)

How we deal with temptation:

- Understand, will power is not enough power.
- Identify the source of temptation.

- ☐ We are not tempted by God.

13 And remember, when you are being tempted, do not say, "God is tempting me." God is never tempted to do wrong, and he never tempts anyone else.
 James 1:13 (NLT)

The source of temptation can be:

- Satan.

5 ... I sent Timothy to find out whether your faith was still strong. I was afraid that the tempter had gotten the best of you and that our work had been useless.
 1 Thessalonians 3:5 (NLT)

7 So place yourselves under God's authority. Resist the devil, and he will run away from you. James 4:7 (GWT)

- Our desires.

14 Temptation comes from our own desires, which entice us and drag us away.

15 These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death. James 1:14-15 (NLT)

- The world we live in.

16 For the world offers only the lust for physical pleasure, the lust for everything we see, and pride in our possessions. These are not from the Father. They are from this evil world. 1 John 2:16 (NLT)

11 The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.

12 Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do. Romans 8:11-12 (NLT)

The temptations of the wilderness cause us to:

- Depend on the power of God's Spirit.

I admit that I'm powerless over sin.

- Draw strength from prayer and God's Word.

41 Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak. Matthew 26:41 (NIV)

11 I have hidden your word in my heart, that I might not sin against you.
 Psalm 119:11 (NLT)

13 God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.

1 Corinthians 10:13 (NLT)

Have Questions? Text them to: (559)464-5754

Here are some questions that can be used in Connection Groups:

These questions also work well for personal time with God.

- Do you feel its really important to know how to deal with temptations? Why?
- Read 1 Corinthians 10:12-13; What is that scripture saying? (in your own words)
- Read Matthew 4:1-11. What stands out to you about Jesus in the wilderness?
- How do each of these "sources of temptation" contribute to our temptations?
- Why is it important to understand the source of our temptations?
- How do we depend on the power of God's Spirit to give us strength in our temptations? How does Romans 8:11-12 apply to that?
- Do you believe that prayer helps us overcome temptations? Do we need to pray before, during or both? Why?
- How does God's Word help us to overcome temptations?
- Do you believe that in your greatest temptations God really provides a way of escape? Explain.

Connection Group Leaders: Remind your group of the following announcements:
Training Day" for Greeters - April 2nd Easter Candy for Eggs- Due April 9th

For more Information, and other Talks, visit us at
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